

ITI Limited Celebrates 10th International Day of Yoga 2024

ITI Limited celebrated the 10th International Day of Yoga 2024 and joined the global movement with the theme 'Yoga for Self and Society' at ITI Bangalore Plant on June 21, 2024. Shri Rajesh Rai, CMD, ITI Limited graced the occasion in the presence of Shri Rajeev Srivastava, Director (Finance), Smt S Jeyanthi, Director (Production) and Additional Charge Director (HR), Smt R Vasanthi, GM-B, Unit Head, ITI Bangalore Plant, Senior Officers and Employees at ITI Bangalore Plant.

Ms. Anupama Yatiraj, Yoga Teacher from Bharati Yoga Kendra highlighted the benefits of yoga and demonstrated yoga asanas. Shri Rajesh Rai, Shri Rajeev Srivastava, Smt S Jeyanthi, Smt R Vasanthi, Senior Officers and Employees of Bangalore Plant, Corporate Office and NS Unit participated in the yoga session.

